



THE **BIG** BREAKFAST

FOR / AR GYFER PROSTATE CYMRU

In recent years many individuals, work places and community groups have hosted Big Breakfasts, raising thousands for Prostate Cymru.

Have a Big Breakfast this November to raise awareness and funds for Prostate Cymru

Prostate Cymru's Big Breakfast is BACK!

A Prostate Cymru Big Breakfast can be hosted from home, your workplace or within the local community. Keep it small by enjoying breakfast with members of your household, or extend the guest list to wider friends, family, and work colleagues.

It's Simple:

- ✓ Choose a date in November
- ✓ Choose your guest list.
- ✓ Choose your menu.
- ✓ Enjoy!

**Download our
digital packs
On our website:**

www.prostatecymru.com

For more information on how to register, please do not hesitate to contact the Prostate Cymru team

✉ ellie.jug@prostatecymru.com

