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**AUG  
10  
2025**



**54  
MILES  
or  
72  
MILES**

**A testing, tough and historic route awaits those who enter this fun, popular and rapidly growing event.**

**Routes begin and end at Margam Park, Port Talbot, South Wales**

The Five Valleys Sportive for is an annual challenging and exciting sportive in aid of Prostate Cymru that helps raise awareness and support for men in Wales with prostate cancer.

Whether you are a club, part of a club, an enthusiast or just a reasonably experienced rider, we fully recommend you add this event to your annual cycling calendar.

Take on this challenging route in spectacular scenery, in this timed event with electronic tagging, feeding and water stations, with mechanical and medical support.

**Register today at  
British Cycling**



[prostatecymru.com](http://prostatecymru.com)

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